

# First Place FITNESS CLUB



## RYAN JOHNSTON

BSpExSc, DipSpSt

Owner/Manager

- Experience:** Involved in the fitness industry since 1996.
- Qualifications:** Bachelor of Sport & Exercise Science from the Centre for Sport & Exercise Science at WINTEC, Diploma of Sport Studies from Otago University.
- Interests:** Spending time with family, rock fishing, business and sales, sport.
- Originally From:** Oamaru.
- Team Supported:** Otago.
- Favourite Food:** Jimmy's Mutton Pies, Bluff oysters.
- Favourite Movie:** Karate Kid, Happy Gilmour.
- Why the Fitness Industry?** I get a buzz from seeing people change for the better. To be part of making someone look and feel better and more self-confident about themselves is a great thing.
- Why First Place Fitness?** First Place Fitness is different from most gyms. We excel at customer service and creating an accepting environment for all levels of fitness and gym experience. I have a passion for helping people and what better way than this fantastic industry.

Voted Best Gym In New Zealand